# A NEW BOUND FOR THE SUP NORM OF AUTOMORPHIC FORMS ON NON-COMPACT MODULAR CURVES IN THE LEVEL ASPECT 

HARALD HELFGOTT AND GUILLAUME RICOTTA

Abstract. We find a new bound for $\|f\|_{\infty}$, where $f$ is a Hecke-Maaß cusp newform (normalised by $\|f\|_{2}=1$ ) for the congruence subgroup $\Gamma_{0}(N), N \rightarrow$ $+\infty$ square-free.

Our work is a refinement of [BH10] and especially [Tem10]. The main innovation is a much sharper counting lemma, stating that, under certain broad conditions, the number of images of $z \in \mathbb{H}$ lying close to $z$ under the action of

$$
\mathrm{M}(\ell, N):=\left\{\rho=\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right) \in M_{2}(\mathbb{Z}), a d-b c=\ell, N \mid c\right\} .
$$

is bounded by $N^{\varepsilon}$ for every individual positive relatively small integer $\ell$ and for all $\varepsilon>0$. The main ideas involved are diophantine ones. As a result, we can bound a twisted second moment of newforms for each $\ell$, leading us to our improved result.

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## 1. Introduction and statement of the result

1.1. General background. The correspondence principle in quantum mechanics suggests a way to study a classical system via its semi-classical limit of quantization. For instance, let $X$ be a compact Riemannian manifold. We can choose an orthonormal basis $\left(f_{j}\right)_{j \geqslant 0}$ of $L^{2}(X)$ satisfying

$$
\forall j \geqslant 0, \quad \Delta\left(f_{j}\right)=\lambda_{j} f_{j} .
$$

where $\Delta$ is the Laplace-Beltrami operator on $X$ and $0=\lambda_{0}<\lambda_{1} \leqslant \lambda_{2} \leqslant \ldots$ is its spectrum. If $G^{t}$ is the geodesic flow on $X$ then its quantization is $-h^{2} \Delta$, where $h$ is Planck's constant. Thus, it is very natural to attempt to understand the asymptotic behaviour of the eigenfunctions of $\Delta$.

A classical question here - suggested by the correspondence principle - is to bound $\left\|f_{j}\right\|_{\infty}$ as $\lambda_{j} \rightarrow \infty$. (See [NTY01] and [Sar95] for more details.) A. Seeger and C. Sogge proved in [SS89] a very general and abstract bound, essentially sharp, in the case of compact Riemannian surfaces.

We will focus on arithmetic surfaces, which are the quotient of the upper-half plane by a congruence subgroup of $S L_{2}(\mathbb{Z})$. (Such surfaces can be compact or non-compact.) The Laplace-Beltrami operator in this context is the hyperbolic Laplacian. In [IS95], H. Iwaniec and P. Sarnak proved a bound sharper than that of Seeger-Sogge for these surfaces - both in the compact and in the non-compact case; they took advantage of the fact that some additionnal symmetries, the Hecke correspondences, act on these surfaces. S. Koyama investigated the case of quotients of the three-dimensional hyperbolic space by arithmetic subgroups in [Koy95] and proved similar results.
1.2. Bounds for varying surfaces. Main result. There is a new direction in the asymptotic study of eigenforms on arithmetic surfaces, in that there are now non-trivial bounds for $|f|_{\infty}$ as the surface changes and the eigenvalues remain bounded (or grow slowly).
V. Blomer and R. Holowinsky [BH10] were the first to prove a (remarkable and difficult) bound for the norm $\|f\|_{\infty}$ of non-exceptional Hecke-Maaß eigenforms $f$ on the modular curve of square-free level $N$. Their bound is $\|f\|_{\infty}<_{T} N^{-1 / 37}$ for forms $f$ of eigenvalue $\lambda \leqslant T$. Note that the trivial bound for $\|f\|_{\infty}$ is given by $\|f\|_{\infty}<_{T, \varepsilon} N^{\varepsilon}$ for all $\varepsilon>0$. This follows from very different ideas (see [AU95], [MU98], [JK09] and [JK04]). There is no real evidence for what could be the optimal bound for $\|f\|_{\infty}$.

The proof in [ BH 10 ] involves many technicalities and relies deeply on the spectral theory of automorphic forms. More recently, N. Templier [Tem10] refined the proof substantially, using geometric arguments instead of very delicate analytical estimates. As a result, [Tem10] gives stronger bounds - both in the non-compact case studied in [ BH 10 ] and in the compact case. (The compact case, while in general easier due to the absence of cusps, involves non-trivial manipulations of quaternion algebras.) Furthermore, [Tem10] removes the assumption that the forms studied are non-exceptional.

The bounds given by [Tem10] are better in the compact case ( $\|f\|_{\infty} \lll_{T} N^{-1 / 12}$ ) than in the non-compact case $\left(\|f\|_{\infty} \lll T N^{-1 / 23}\right)$. This suggested to us that the geometric and diophantine arguments in [Tem10] were less than optimal.

Let

$$
\mathrm{M}(\ell, N):=\left\{\rho=\left(\begin{array}{ll}
a & b  \tag{1.1}\\
c & d
\end{array}\right) \in M_{2}(\mathbb{Z}), a d-b c=\ell, N \mid c\right\}
$$

where $M_{2}(\mathbb{Z})$ is the set of $2 \times 2$ matrices with integer coefficients. N. Templier shows that, if $z \in \mathbb{H}$ is far from the cusps, there are - on average as $\ell$ varies - few matrices $\rho \in \mathrm{M}(\ell, N)$ such that $\rho . z$ lies near $z$. We show that a sharper result holds: the number of such matrices $\rho$ is bounded above by a constant for each individual $\ell$. In fact (for $c$ in a dyadic interval $C \leqslant c \leqslant 2 C$, and under diophantine conditions slightly stronger than those used by N. Templier) the matrices $\rho$ turn out to be all of the form $\lambda A+\delta I$, where $A$ is a fixed matrix (the same one for all $\ell$ ), $\lambda$ and $\delta$ are (small) scalars and $I$ is the identity matrix.

We also derive sharper diophantine conditions than those derived in [Tem10] for points away from the cusps.

As a result, we obtain the following bound.
Theorem A-Iff is a $L^{2}$-normalised Hecke-Maaß cuspidal newform of squarefree level $N$ and bounded Laplace eigenvalue $\lambda \leqslant T$ then

$$
\|f\|_{\infty} \ll \varepsilon, T \text { N } N^{-1 / 20+\varepsilon}
$$

for all $\varepsilon>0$.
The reader may have noticed that the level $N$ is assumed to be square-free, in which case all the cusps of $\Gamma_{0}(N)$ belong to the same orbit under the action of the Atkin-Lehner operators. We should say that our work does not shed any new light on how one can remove this geometric assumption.

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## 2. Notation and parameters

As is usual, instead of working directly with the hyperbolic distance on the upper half plane $\mathbb{H}:=\{z=x+i y, x \in \mathbb{R}, y>0\}$, we will work with the function

$$
\begin{equation*}
u\left(z_{1}, z_{2}\right)=\frac{\left|z_{1}-z_{2}\right|^{2}}{\Im m\left(z_{1}\right) \Im m\left(z_{2}\right)} \tag{2.1}
\end{equation*}
$$

for $z_{1}$ and $z_{2}$ in $\mathbb{H}$. (Note that $u=4 \cosh (d)-1$ ), where $d$ is the hyperbolic distance on $\mathbb{H}$.)

Our main parameter will be a positive integer $N$. We will work with the sets of matrices $\mathrm{M}(\ell, N) \subset M_{2}(\mathbb{Z})$ defined in (1.1). As in [Tem10, Section 2.2], let $A_{0}(N)$ be the subgroup of $S L_{2}(\mathbb{R})$ generated by Atkin-Lehner operators.

Define the Siegel set

$$
\sigma_{v}:=\left\{z=x+i y, 0 \leqslant x<1, y \geqslant \frac{\sqrt{3}}{2 v}\right\} \subset \mathbb{H} .
$$

for $v>0$. We will use a parameter $\eta$, set to be a negative power of $N$, to control the position of a point $z$ with relation to the cusps: we will think of $z$ as being near the cusp at $\infty$ if $z \in \sigma_{\eta N}$.

Given any $x \in \mathbb{R}$, there exist two coprime integers $e$ and $1 \leqslant q \leqslant H$ such that

$$
\begin{equation*}
\left|x-\frac{e}{q}\right| \leqslant \frac{1}{q H} \quad \text { (Dirichlet approximation). } \tag{2.2}
\end{equation*}
$$

We will set $H$ equal to a positive power of $N$, and $Q \leqslant H$ equal to a (smaller) positive power of $N$. N. Templier calls $x \in \mathbb{R}$ well approximable if it satisfies (2.2) for some $q \leqslant Q$, and poorly approximable otherwise.

## 3. CUSPS AND DIOPHANTINE CONDITIONS

N. Templier proved in [Tem10, Lemma 2.2] that the well-approximable points are those that lie high in the cusps. We prove a slightly better version of his lemma.

Lemma 3.1-Assume that $H^{2} \geqslant \frac{2 N}{\eta}$ and that $N$ is square-free. If $z=x+i y$ belongs to $\sigma_{N} \backslash \cup_{\delta \in A_{0}(N)} \delta . \sigma_{\eta N}$ then any approximation e/ $q$ of $x$ in the sense of(2.2) satisfies $q \geqslant \frac{\sqrt{2} \eta \sqrt{N}}{\sqrt{3}}$.

Proof of Lemma 3.1. By [Tem10, Lemma 2.2] and the fact that $N$ is square-free, there exist $b, d \in \mathbb{Z}$, a positive integer $M \mid N$ and a matrix $\gamma \in \Gamma_{0}(N)$ such that

$$
\left(\begin{array}{ll}
e & b \\
q & d
\end{array}\right)=\gamma W_{M}\left(\begin{array}{cc}
M^{-1} & 0 \\
0 & 1
\end{array}\right)
$$

where $W_{M}$ is an Atkin-Lehner matrix namely an element of $M_{2}(\mathbb{Z})$ of determinant $M$ satisfying

$$
W_{M} \equiv\left(\begin{array}{ll}
* & * \\
0 & *
\end{array}\right) \quad(\bmod N), \quad W_{M} \equiv\left(\begin{array}{ll}
0 & * \\
0 & 0
\end{array}\right) \quad(\bmod M) .
$$

Note that

$$
\left(\gamma W_{M}\right)^{-1} \cdot z=\left(\begin{array}{cc}
M^{-1} & 0 \\
0 & 1
\end{array}\right)\left(\begin{array}{cc}
d & -b \\
-q & e
\end{array}\right) \cdot z \text { does not belong to }\left(\begin{array}{ll}
1 & \mathbb{Z} \\
0 & 1
\end{array}\right) \cdot \sigma_{\eta N}
$$

by the assumption on the position of $z$. In other words,

$$
\frac{\sqrt{3}}{2 \eta N}>\Im m\left(\left(\gamma W_{M}\right)^{-1} \cdot z\right)=\frac{1}{M} \frac{y}{(e-q x)^{2}+q^{2} y^{2}}
$$

which implies

$$
\begin{equation*}
\frac{\sqrt{3}}{2 \eta N}>\frac{1}{N} \frac{y}{H^{-2}+q^{2} y^{2}}=\frac{1}{N} \varphi(y) \geqslant \frac{1}{N} \min _{\frac{\sqrt{3}}{2 N} \leqslant t<\frac{\sqrt{3}}{2 \eta N}} \varphi(t) \tag{3.1}
\end{equation*}
$$

where $\varphi$ is the function on $\mathbb{R}_{+}$defined by $\varphi(t):=\frac{t}{H^{-2}+q^{2} t^{2}}$. So far, we have proceeded as in [Tem10, Lemma 4.2]. Now, the function $\varphi$ satisfies

$$
\varphi^{\prime}(t)=\frac{H^{-2}-q^{2} t^{2}}{\left(H^{-2}+q^{2} t^{2}\right)^{2}} \geqslant 0 \text { if and only if } t \leqslant(q H)^{-1}
$$

As a consequence,

$$
\min _{\frac{\sqrt{3}}{2 N} \leqslant t<\frac{\sqrt{3}}{2 \eta N}} \varphi(t)= \begin{cases}\varphi\left(\frac{\sqrt{3}}{2 \eta N}\right) & \text { if } q \geqslant \frac{2 N}{\sqrt{3} H} \\ \min \left(\varphi\left(\frac{\sqrt{3}}{2 \eta N}\right), \varphi\left(\frac{\sqrt{3}}{2 N}\right)\right) & \text { if } \frac{2 \eta N}{\sqrt{3} H} \leqslant q<\frac{2 N}{\sqrt{3} H} \\ \varphi\left(\frac{\sqrt{3}}{2 N}\right) & \text { if } q<\frac{2 \eta N}{\sqrt{3} H}\end{cases}
$$

A direct computation ensures that

$$
\min \left(\varphi\left(\frac{\sqrt{3}}{2 \eta N}\right), \varphi\left(\frac{\sqrt{3}}{2 N}\right)\right)= \begin{cases}\varphi\left(\frac{\sqrt{3}}{2 \eta N}\right) & \text { if } \frac{2 \sqrt{\eta} N}{\sqrt{3} H} \leqslant q<\frac{2 N}{\sqrt{3} H} \\ \varphi\left(\frac{\sqrt{3}}{2 N}\right) & \text { if } \frac{2 \eta N}{\sqrt{3} H} \leqslant q<\frac{2 \sqrt{\eta N}}{\sqrt{3} H}\end{cases}
$$

and so

$$
\min _{\frac{\sqrt{3}}{2 N} \leqslant t<\frac{\sqrt{3}}{2 \eta N}} \varphi(t)= \begin{cases}\varphi\left(\frac{\sqrt{3}}{2 \eta N}\right) & \text { if } q \geqslant \frac{2 \sqrt{\eta} N}{\sqrt{3} H}  \tag{3.2}\\ \varphi\left(\frac{\sqrt{3}}{2 N}\right) & \text { if } q<\frac{2 \sqrt{\eta} N}{\sqrt{3} H}\end{cases}
$$

By (3.1) and (3.2)

$$
\frac{\sqrt{3}}{2 \eta N}>\frac{1}{N} \times \begin{cases}\varphi\left(\frac{\sqrt{3}}{2 \eta N}\right) & \text { if } q \geqslant \frac{2 \sqrt{\eta} N}{\sqrt{3} H},  \tag{3.3}\\ \varphi\left(\frac{\sqrt{3}}{2 N}\right) & \text { if } q<\frac{2 \sqrt{\eta} N}{\sqrt{3} H}\end{cases}
$$

Clearly
$\varphi(t) \geqslant \frac{t}{2 \max \left(H^{-2}, q^{2} t^{2}\right)}=\frac{t}{2} \min \left(H^{2}, q^{-2} t^{-2}\right)=\frac{\sqrt{3}}{2 \eta} \min \left(\frac{\eta t H^{2}}{\sqrt{3}}, \frac{\eta}{\sqrt{3} q^{2} t}\right) \geqslant \frac{\sqrt{3}}{2 \eta}$
if $H^{2} \geqslant \frac{\sqrt{3}}{\eta t}$ and $q \leqslant \frac{\sqrt{\eta}}{3^{1 / 4} \sqrt{t}}$. In particular, if $H^{2} \geqslant \frac{2 N}{\eta}$ and $q \leqslant \frac{\sqrt{2 \eta N}}{\sqrt{3}}$ then

$$
\begin{equation*}
\varphi\left(\frac{\sqrt{3}}{2 N}\right) \geqslant \frac{\sqrt{3}}{2 \eta} \tag{3.4}
\end{equation*}
$$

whereas if $H^{2} \geqslant 2 N$ and $q \leqslant \frac{\sqrt{2} \eta \sqrt{N}}{\sqrt{3}}$ then

$$
\begin{equation*}
\varphi\left(\frac{\sqrt{3}}{2 \eta N}\right) \geqslant \frac{\sqrt{3}}{2 \eta} . \tag{3.5}
\end{equation*}
$$

Let us assume that $H^{2} \geqslant \frac{2 N}{\eta}$, in which case $\frac{2 \sqrt{\eta} N}{\sqrt{3} H} \leqslant \frac{\sqrt{2} \eta \sqrt{N}}{\sqrt{3}}<\frac{\sqrt{2 \eta N}}{\sqrt{3}}$.
We would like to prove that $q \geqslant \frac{2 \sqrt{\eta} N}{\sqrt{3} H}$. If this were not the case, the second inequality in (3.3) and (3.4) would imply $\frac{\sqrt{3}}{2 \eta N}>\frac{\sqrt{3}}{2 \eta N}$.

Now let us prove that $q \geqslant \frac{\sqrt{2} \eta \sqrt{N}}{\sqrt{3}}$. If this were note the case, the first inequality in (3.3) and (3.5) would imply $\frac{\sqrt{3}}{2 \eta N}>\frac{\sqrt{3}}{2 \eta N}$.

## 4. The counting lemma

The section is devoted to the proof of sharp estimates for the cardinality of

$$
\mathscr{M}(\ell, N ; z):=\left\{\rho \in \mathrm{M}(\ell, N), u(\rho . z, z) \leqslant N^{\varepsilon}\right\} .
$$

Here, $z=x+i y$ belongs to Poincaré upper-half plane, $\ell$ is a positive integer and $\mathrm{M}(\ell, N)$ is as in (1.1). We can split $\mathscr{M}(\ell, N ; z)$ into

$$
\mathscr{M}(\ell, N ; z):=\mathscr{M}_{0}(\ell, N ; z)+\mathscr{M}_{*}(\ell, N ; z)
$$

where

$$
\mathscr{M}_{0}(\ell, N ; z):=\left\{\rho=\left(\begin{array}{ll}
a & b \\
0 & d
\end{array}\right) \in \mathrm{M}(\ell, N), u(\rho . z, z) \leqslant N^{\varepsilon}\right\} .
$$

We begin by estimating the cardinality of $\mathscr{M}_{0}(\ell, N ; z)$ in the following proposition, which is a refinement of [Tem10, Lemma 4.2].

Proposition 4.1-Let $z=x+i y$ in $\mathbb{W}$. Then

$$
\left|\left\{\rho=\left(\begin{array}{ll}
a & b \\
0 & d
\end{array}\right) \in M_{2}(\mathbb{Z}), a d=\ell, u(\rho . z, z) \leqslant N^{\varepsilon}\right\}\right| \leqslant \tau(\ell)\left(1+N^{\varepsilon / 2} \sqrt{\ell} y\right)
$$

for all $\varepsilon>0$. In particular, if $\ell \leqslant \frac{4 \eta^{2} N^{2}}{3}$ and $z \in \sigma_{N} \backslash \sigma_{\eta N}$ then

$$
\left|\left\{\rho=\left(\begin{array}{ll}
a & b \\
0 & d
\end{array}\right) \in M_{2}(\mathbb{Z}), a d=\ell, u(\rho \cdot z, z) \leqslant N^{\varepsilon}\right\}\right| \leqslant \tau(\ell)\left(1+N^{\varepsilon / 2}\right)
$$

Proof of Proposition 4.1. By (2.1),

$$
u(\rho . z, z)=\frac{|b-(a-d) z|^{2}}{\ell y^{2}} \leqslant N^{\varepsilon}
$$

Taking the real part implies that

$$
|b-(a-d) x| \leqslant N^{\varepsilon / 2} \sqrt{\ell} y .
$$

Thus, $b$ belongs to an interval of length at most $N^{\varepsilon / 2} \sqrt{\ell} y$. This fact, together with $a d=\ell$ implies the desired result.

Now, we can estimate the cardinality of $\mathscr{M}_{*}(\ell, N ; z)$.
Proposition 4.2-Let $z \in \sigma_{N} \backslash \sigma_{\eta N}, N$ a positive integer. Let $H, \eta, \mathscr{L}, Q$ satisfy

$$
\begin{gather*}
H^{2} \geqslant \frac{2 N}{\eta}  \tag{4.1}\\
\frac{16}{\sqrt{3}} N^{\varepsilon / 2}\left(2 N^{\varepsilon / 2}+1\right) \mathscr{L} \leqslant Q \leqslant \frac{\sqrt{2} \eta \sqrt{N}}{\sqrt{3}}  \tag{4.2}\\
\frac{32}{\sqrt{3}}\left(1+2 N^{\varepsilon / 2}\right)^{3} \mathscr{L} \leqslant \frac{N}{H} \tag{4.3}
\end{gather*}
$$

Then, for any $C>0$, the set

$$
\left\{\rho=\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right) \in M_{2}(\mathbb{Z}),|a d-b c| \leqslant \mathscr{L}, N \mid c, C \leqslant c<2 C, u(\rho . z, z) \leqslant N^{\varepsilon}\right\}
$$

is a subset of
$\left\{\lambda A+\delta I: \lambda \in \mathbb{Z}, \delta \in \mathbb{Z} / 2,|\lambda| \leqslant \frac{2}{\sqrt{3}}\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\mathscr{L}},|\delta| \leqslant\left(1+\frac{1}{\sqrt{3}}\right)\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\mathscr{L}}\right\}$ for some matrix $A$ in $M_{2}(\mathbb{Z})$.

Remark 4.3-This description cannot be made any tighter - if $u(A . z, z)$ is small, then $u((\lambda A+\delta I) . z, z)$ is small for all $\lambda, \delta \in \mathbb{R}$ with $|\lambda|,|\delta| \ll \sqrt{L}$. This is easy to show. We get from (2.1) that

$$
u(\rho . z, z)=\frac{|(a z+b)-(c z+d) z|^{2}}{\operatorname{det}(\rho) y^{2}} \text { if } \rho=\left(\begin{array}{ll}
a & b \\
c & d
\end{array}\right)
$$

The numerator of the expression on the right is proportional to $\lambda^{2}$ and independent of $\delta$; note also that $\operatorname{det}(\lambda A+\delta I)=\lambda^{2} \operatorname{det}(A)+\delta^{2}+\lambda \delta \operatorname{tr}(A)$, and that, as we will see in the proof, $u(\rho . z, z)$ small implies $\operatorname{tr}(\rho)$ small.

Proof of Proposition 4.2. We can assume without loss of generality that $c>0$ because $\rho . z=(-\rho) . z$ and thus $u(z, \rho . z)=u(z,(-\rho) . z)$. An easy computation (starting from (2.1)) gives us that

$$
\begin{equation*}
u(\rho . z, z)=\frac{\left|\ell-|c z+d|^{2}+(c z+d)(2 c x+d-a)\right|^{2}}{\ell c^{2} y^{2}} \tag{4.4}
\end{equation*}
$$

Considering the imaginary part, we get

$$
\begin{equation*}
|2 c x+d-a| \leqslant N^{\varepsilon / 2} \sqrt{\ell} \tag{4.5}
\end{equation*}
$$

Now

$$
\begin{aligned}
|c z+d|-\sqrt{\ell} & =\frac{|c z+d|^{2}-\ell}{|c z+d|+\sqrt{\ell}} \\
& =\frac{|c z+d|^{2}-\ell-(c z+d)(2 c x+d-a)}{|c z+d|+\sqrt{\ell}}+\frac{(c z+d)(2 c x+d-a)}{|c z+d|+\sqrt{\ell}}
\end{aligned}
$$

and so

$$
\begin{aligned}
||c z+d|-\sqrt{\ell}| & \leqslant \frac{\| c z+\left.d\right|^{2}-\ell-(c z+d)(2 c x+d-a) \mid}{c y}+\frac{|c z+d \| 2 c x+d-a|}{|c z+d|} \\
& \leqslant 2 N^{\varepsilon / 2} \sqrt{\ell}
\end{aligned}
$$

by (4.4) and (4.5). Thus

$$
\begin{equation*}
|c z+d| \leqslant\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell} \tag{4.6}
\end{equation*}
$$

and, considering the imaginary part once again, we get

$$
\begin{equation*}
c y \leqslant\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell} \tag{4.7}
\end{equation*}
$$

Equation (4.6) applied with $\ell \rho^{-1}=\left(\begin{array}{cc}d & -b \\ -c & a\end{array}\right)$ instead of $\rho$ gives

$$
\begin{equation*}
|-c z+a| \leqslant\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell} ; \tag{4.8}
\end{equation*}
$$

this is legitimate because

$$
u(\rho \cdot z, z)=u\left(z, \rho^{-1} \cdot z\right)=u\left(z,\left(\ell \rho^{-1}\right) \cdot z\right)=u\left(\left(\ell \rho^{-1}\right) \cdot z, z\right) .
$$

Hence, by (4.6) and (4.8),

$$
\begin{equation*}
|a+d| \leqslant 2\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell} \tag{4.9}
\end{equation*}
$$

since $a+d=-c z+a+c z+d$. Setting $s=a-d$ and $t=a+d$, we are reduced to counting the number of quadruples of integers ( $s, t, b, c$ ) satisfying

$$
\left\{\begin{array}{l}
|s-2 c x| \leqslant N^{\varepsilon / 2} \sqrt{\ell}  \tag{4.10}\\
N \leqslant c=N c^{\prime} \leqslant\left(1+2 N^{\varepsilon / 2}\right) y^{-1} \sqrt{\ell} \\
|t| \leqslant 2\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell} \\
s^{2}=t^{2}-4 \ell-4 b c
\end{array}\right.
$$

according to (4.5), (4.7) and (4.9). Note also that $y^{-1} \leqslant(2 / \sqrt{3}) N$ (because $z \in \sigma_{N}$ ) and so $c^{\prime} \leqslant(2 / \sqrt{3})\left(1+2 N^{\varepsilon / 2}\right) \sqrt{l}$.

The last equation in (4.10) implies immediately that

$$
\begin{equation*}
s^{2} \equiv t^{2}-4 \ell \quad\left(\bmod N c^{\prime}\right) \tag{4.11}
\end{equation*}
$$

(So far, we have proceeded as in [Tem10, p. 520], [BH10, pp. 675-676] and [IS95, pp. 317-318].)

By the first line of (4.10), we can write

$$
\begin{equation*}
s=2 N c^{\prime} x+r, \quad|r| \leqslant N^{\varepsilon / 2} \sqrt{\ell} . \tag{4.12}
\end{equation*}
$$

Note that $r$ is not in general an integer. Equations (4.11) and (4.12) entail

$$
\begin{equation*}
4\left(N c^{\prime} x^{2}+r x\right) \equiv \frac{t^{2}-4 \ell-r^{2}}{N c^{\prime}} \quad(\bmod 1) \tag{4.13}
\end{equation*}
$$

$$
\text { Let } \rho_{1}=\left(\begin{array}{ll}
a_{1} & b_{1} \\
c_{1} & d_{1}
\end{array}\right)=\left(\begin{array}{cc}
a_{1} & b_{1} \\
N c_{1}^{\prime} & d_{1}
\end{array}\right) \text { in } \mathscr{M}\left(\ell_{1}, N ; z\right) \text {, and } \rho_{2}=\left(\begin{array}{ll}
a_{2} & b_{2} \\
c_{2} & d_{2}
\end{array}\right)=\left(\begin{array}{cc}
a_{2} & b_{2} \\
N c_{2}^{\prime} & d_{2}
\end{array}\right)
$$ in $\mathscr{M}\left(\ell_{2}, N ; z\right)$ be two matrices with $c_{1}, c_{2} \geqslant 1, \ell_{1}, \ell_{2} \leqslant \mathscr{L}$. One can define as previously $s_{i}, t_{i}, r_{i}$ for $i=1,2$. In particular,

$$
\begin{aligned}
& 4\left(N c_{1}^{\prime} x^{2}+r_{1} x\right) \equiv \frac{t_{1}^{2}-4 \ell_{1}-r_{1}^{2}}{N c_{1}^{\prime}} \quad(\bmod 1), \\
& 4\left(N c_{2}^{\prime} x^{2}+r_{2} x\right) \equiv \frac{t_{2}^{2}-4 \ell_{2}-r_{2}^{2}}{N c_{2}^{\prime}} \quad(\bmod 1)
\end{aligned}
$$

according to (4.13). Multiplying the first congruence by $c_{2}^{\prime}$ and the second one by $c_{1}^{\prime}$ and substracting, one gets

$$
4\left(c_{2}^{\prime} r_{1}-c_{1}^{\prime} r_{2}\right) x \equiv \frac{c_{2}^{\prime}\left(t_{1}^{2}-4 \ell_{1}-r_{1}^{2}\right)}{N c_{1}^{\prime}}-\frac{c_{1}^{\prime}\left(t_{2}^{2}-4 \ell_{2}-r_{2}^{2}\right)}{N c_{2}^{\prime}} \quad(\bmod 1)
$$

Note that according to (4.12)

$$
c_{2}^{\prime} r_{1}-c_{1}^{\prime} r_{2}=c_{2}^{\prime}\left(s_{1}-2 N c_{1}^{\prime} x\right)-c_{1}^{\prime}\left(s_{2}-2 N c_{2}^{\prime} x\right)=c_{2}^{\prime} s_{1}-c_{1}^{\prime} s_{2} \in \mathbb{Z}
$$

Thus $q^{\prime}:=4\left(c_{2}^{\prime} r_{1}-c_{1}^{\prime} r_{2}\right)$ is an integer and

$$
q^{\prime} x=e^{\prime}+w^{\prime}
$$

for some integer $e^{\prime}$, where

$$
\begin{equation*}
w^{\prime}=\frac{c_{2}^{\prime}\left(t_{1}^{2}-4 \ell_{1}-r_{1}^{2}\right)}{N c_{1}^{\prime}}-\frac{c_{1}^{\prime}\left(t_{2}^{2}-4 \ell_{2}-r_{2}^{2}\right)}{N c_{2}^{\prime}} \tag{4.14}
\end{equation*}
$$

is a real number.
Let us prove that $q^{\prime}=0$. If this were not the case, we would get

$$
x=\frac{e}{q}+\frac{w}{q}
$$

where $q=q^{\prime} /\left(q^{\prime}, e^{\prime}\right), e=e^{\prime} /\left(q^{\prime}, e^{\prime}\right)$ and $w=w^{\prime} /\left(q^{\prime}, e^{\prime}\right)$. Note that $e$ and $q$ have been made coprime and that

$$
1 \leqslant|q| \leqslant \frac{16}{\sqrt{3}} N^{\varepsilon / 2}\left(2 N^{\varepsilon / 2}+1\right) \sqrt{\ell_{1} \ell_{2}} \leqslant Q .
$$

according to (4.2). In addition,

$$
|w| \leqslant \frac{\frac{32}{\sqrt{3}}\left(1+2 N^{\varepsilon / 2}\right)^{3} \max \left(\ell_{1}, \ell_{2}\right)}{N} \leqslant \frac{1}{H}
$$

by (4.3), (4.10), (4.12) and (4.14). By [Tem10, Lemma 2.2] and equations (4.1), (4.2), this contradicts the assumption that $z \in \mathbb{H} \backslash \cup_{\delta \in A_{0}(N)} \delta . \sigma_{\eta N}$. We conclude that $q^{\prime}=0$.

Since $4\left(c_{2}^{\prime} r_{1}-c_{1}^{\prime} r_{2}\right)=q^{\prime}=0$, we see that $\left(c_{1}, r_{1}\right)$ and $\left(c_{2}, r_{2}\right)$ are proportional to each other. Thus $\left(c_{1}, s_{1}\right)=\left(c_{1}, 2 c_{1} x+r_{1}\right)$ and $\left(c_{2}, s_{2}\right)=\left(c_{2}, 2 c_{2} x+r_{2}\right)$ are proportional to each other.

Let $\left(c_{1}, s_{1}\right),\left(c_{2}, s_{2}\right),\left(c_{3}, s_{3}\right), \ldots \in \mathbb{Z}^{2}$ be all the pairs coming from solutions to (4.10); by what we have just shown, these pairs are all proportional to each other. Let $c_{0}$ be the greatest common divisor of all values of $c_{i}$. Then there is an integer $s_{0}$ and integers $\lambda_{i}$ such that $\left(c_{i}, s_{i}\right)=\lambda_{i}\left(c_{0}, s_{0}\right)$ for every $i$. (Write $c_{0}$ as a linear combination $c_{0}=\gamma_{1} c_{1}+\gamma_{2} c_{2}+\ldots+\gamma_{m} c_{m}, \gamma_{i} \in \mathbb{Z}$; then $s_{0}$ is given by
$s_{0}=\gamma_{1} s_{1}+\gamma_{2} s_{2}+\ldots+\gamma_{m} s_{m}$.) Clearly $N \mid c_{0}$, and so, by $c_{i} \leqslant(2 / \sqrt{3})\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell_{i}} N$, we have $\lambda_{i} \leqslant(2 / \sqrt{3})\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell}{ }_{i}$.

Let $i, j$ be arbitrary. By the last line of (4.10),

$$
\begin{aligned}
& \lambda_{i}^{2} s_{0}^{2}=s_{i}^{2}=t_{i}^{2}-4 \ell_{i}-4 \lambda_{i} b_{i} c_{0} \\
& \lambda_{j}^{2} s_{0}^{2}=s_{j}^{2}=t_{j}^{2}-4 \ell_{j}-4 \lambda_{j} b_{j} c_{0}
\end{aligned}
$$

and thus

$$
\begin{aligned}
& \lambda_{j}^{2} \lambda_{i}^{2} s_{0}^{2}=\lambda_{j}^{2}\left(t_{i}^{2}-4 \ell_{i}-4 \lambda_{i} b_{i} c_{0}\right) \\
& \lambda_{i}^{2} \lambda_{j}^{2} s_{0}^{2}=\lambda_{i}^{2}\left(t_{j}^{2}-4 \ell_{j}-4 \lambda_{j} b_{j} c_{0}\right)
\end{aligned}
$$

Substracting, we obtain

$$
0=\lambda_{j}^{2}\left(t_{i}^{2}-4 \ell_{i}\right)-\lambda_{i}^{2}\left(t_{j}^{2}-4 \ell_{j}\right)-4 \lambda_{i} \lambda_{j} c_{0}\left(\lambda_{j} b_{i}-\lambda_{i} b_{j}\right)
$$

Now

$$
\begin{aligned}
\left|\lambda_{j}^{2}\left(t_{i}^{2}-4 \ell_{i}\right)-\lambda_{i}^{2}\left(t_{j}^{2}-4 \ell_{j}\right)\right| & \leqslant \max \left(\lambda_{j}^{2} t_{i}^{2}+4 \ell_{j} \lambda_{i}^{2}, \lambda_{i}^{2} t_{j}^{2}+4 \ell_{i} \lambda_{j}^{2}\right) \\
& \leqslant \frac{8}{\sqrt{3}}\left(1+2 N^{\varepsilon / 2}\right)\left(\left(1+2 N^{\varepsilon / 2}\right)^{2}+1\right) \mathscr{L}^{3 / 2} \max \left(\lambda_{i}, \lambda_{j}\right) \\
& <N \max \left(\lambda_{i}, \lambda_{j}\right)
\end{aligned}
$$

where we use (4.2). On the other hand, $c_{0} \geqslant N$ (because $N \mid c_{0}$ ) and so

$$
4 \lambda_{i} \lambda_{j} c_{0} \geqslant 4 \lambda_{i} \lambda_{j} N \geqslant N \max \left(\lambda_{i}, \lambda_{j}\right) .
$$

Thus we must have $\left(\lambda_{j} b_{i}-\lambda_{i} b_{j}\right)=0$ (as otherwise we would have a contradiction). In other words, the tuples $\left(b_{i}, c_{i}, s_{i}\right)$ are all proportional to each other. Write $\left(b_{i}, c_{i}, s_{i}\right)=\lambda_{i}\left(b_{0}, c_{0}, s_{0}\right)$, where (by the same reasoning we used for $\left.s_{0}\right) b_{0}$ is an integer.

Define

$$
A=\left(\begin{array}{cc}
\left(s_{0}+\varepsilon_{0}\right) / 2 & b_{0} \\
c_{0} & -\left(s_{0}-\varepsilon_{0}\right) / 2
\end{array}\right) \text { with } \varepsilon_{0}:= \begin{cases}0 & \text { if } s_{0} \text { is even, } \\
1 & \text { otherwise. }\end{cases}
$$

The statement $\left(b_{i}, c_{i}, s_{i}\right)=\lambda_{i}\left(b_{0}, c_{0}, s_{0}\right)$ implies that $\rho_{i}=\lambda_{i} A+\delta_{i} I$ for some $\delta_{i} \in$ $\mathbb{Z} / 2$. Moreover, $t_{i}=2 \delta_{i}+\varepsilon_{0} \lambda_{i}$, and thus, by (4.10), $\left|\delta_{i}\right| \leqslant\left(1+3^{-1 / 2}\right)\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\mathscr{L}}$.

Proposition 4.4-Let $z \in \sigma_{N} \backslash \cup_{\delta \in A_{0}(N)} \delta . \sigma_{\eta N}$, $N$ a square-free positive integer. Let (4.1), (4.2) and (4.3) hold for $\mathscr{L}=\ell$. Then

$$
\left|\mathscr{M}_{*}(\ell, N ; z)\right| \ll \tau(\ell)(\log (\ell)+\varepsilon \log (N))
$$

for all $\varepsilon>0$ and where $\tau(\ell)$ is the number of divisors of $\ell$.
Remark 4.5-In our applications, $\ell$ will be always the product of two numbers each equal to 1 , a prime or the square of a prime. In that case, $\tau(\ell) \ll 1$.

Remark 4.6-It is tempting to believe it should be possible to somehow relax the quite strict diophantine constraints imposed in (4.2) and (4.3) when $\ell$ is a perfect square. This would improve the bound given in Theorem A.

Proof of Proposition 4.4. We have $N \leqslant c \leqslant(2 / \sqrt{3})\left(1+2 N^{\varepsilon / 2}\right) \sqrt{\ell} N$ (by (4.10)), an interval which we can split into $O(\varepsilon \log (N)+\log (\ell))$ dyadic intervals $C \leqslant c<2 C$.

We apply Proposition 4.2 to each such dyadic interval. We obtain that there are integers $b_{0}, c_{0}, s_{0}$ such that, for every solution $\rho= \pm\left(\begin{array}{ll}a & b \\ c & d\end{array}\right)$ with $c$ in our interval, there is a $\lambda \in \mathbb{Z}$ such that $(b, c, s)=\lambda\left(b_{0}, c_{0}, s_{0}\right)$.

Now recall that $s^{2}=t^{2}-4 \ell-4 b c$ (last line of (4.10); this is simply the determinant equation), and so $t^{2}-4 \ell=\lambda^{2}\left(s_{0}^{2}+4 b_{0} c_{0}\right)$. Define $d_{0}=s_{0}^{2}+4 b_{0} c_{0} \in \mathbb{Z}$. Then

$$
4 \ell=t^{2}-\lambda^{2} d_{0}=\left(t-\lambda \sqrt{d_{0}}\right)\left(t+\lambda \sqrt{d_{0}}\right)
$$

This is a factorisation of $4 \ell$ into two (principal) ideals of $\mathbb{Q}\left(\sqrt{d_{0}}\right)$ of equal norm (or, if $d_{0}$ is a square, simply a factorisation of $4 \ell$ in $\mathbb{Z}$ ). There are at most $\tau(4 \ell) \ll \tau(\ell)$ such factorisations for given $\ell$, and so the bound follows.

## 5. The twisted second moment

Following [Tem10, Section 2.4], we define

$$
h(r):=\left(\cosh \left(\frac{\pi r}{2}+2\right)\right)^{-1}, \quad r \in \mathbb{R} \cup i \mathbb{R} .
$$

This function $h$ is an even positive function on $\mathbb{R} \cup i \mathbb{R}$. It turns out that $h$ is the Selberg transform of a smooth point-pair invariant $k: \mathbb{R}_{+} \rightarrow \mathbb{R}$ satisfying

$$
\begin{equation*}
k(u) \ll_{A}(1+u)^{-A} \tag{5.1}
\end{equation*}
$$

for all $A>0$ and $u \geqslant 0$ (here [Tem10] cites the survey paper [Mar, §5, Prop. 3]). The twisted second moment is defined by

$$
M_{2}(\ell ; z):=\sum_{j \geqslant 0} \lambda_{j}(\ell) h\left(r_{j}\right)\left|f_{j}(z)\right|^{2}+* * * .
$$

Here and from now on, $\beta_{N}=\left(f_{j}\right)_{j \geqslant 0}$ is an orthonormal basis of Hecke-Maaß eigenforms with $f_{0}$ the constant function and $f_{j}$ cuspidal otherwise. The Laplace eigenvalue of $f_{j}$ is $1 / 4+r_{j}^{2}$ and $\lambda_{j}(\ell)$ is its $\ell$-th Hecke eigenvalue. Lastly, $* * *$ stands for the contribution of the continuous spectrum and will be eliminated by positivity in the amplification step (see (6.1)). We would like to bound $M_{2}(\ell ; z)$ following the strategy in [IS95].

Proposition 5.1-If $\ell \leqslant 4 \eta^{2} N^{2} / 3$ then, under the assumptions of Proposition 4.4,

$$
M_{2}(\ell ; z) \ll_{\varepsilon} \frac{N^{\varepsilon}}{\sqrt{\ell}}
$$

for all $\varepsilon>0$.
Remark 5.2-It should be mentioned that N. Templier got the same bound for the twisted second moment in the case of compact arithmetic surfaces (see [Tem10, Proposition 6.6]) but with less restrictive constraints on $\ell$. This partly explains why his bound for the sup norm in the compact case is better than ours.

Remark 5.3-Averaging the previous result over $\ell$ improves the bound proved by N. Templier for the averaged twisted second moment (see [Tem10, Proposition 3.2]. This partly explains why our bound for the sup norm in the non-compact case is better than Templier's.

Proof of Proposition 5.1. The pre-trace formula (see [IS95]) says that

$$
M_{2}(\ell ; z)=\frac{1}{\sqrt{\ell}} \sum_{\rho \in \mathrm{M}(\ell, N)} k(u(\rho . z, z))
$$

By (5.1),

$$
\begin{aligned}
\left|M_{2}(\ell ; z)\right| & \leqslant \frac{1}{\sqrt{\ell}} \sum_{\rho \in \mathrm{M}(\ell, N)}|k(u(\rho . z, z))| \\
& =\frac{1}{\sqrt{\ell}} \sum_{\rho \in \mathscr{M}(\ell, N ; z)}|k(u(\rho . z, z))|+O_{A}\left(N^{-A}\right) \\
& \ll A_{A} \frac{1}{\sqrt{\ell}}|\mathscr{M}(\ell, N ; z)|+\frac{1}{N^{A}}
\end{aligned}
$$

for any $A>0$. Propositions 4.1 and 4.4 are then used.

## 6. END OF THE PROOF

Let $f$ be a newform of square-free level $N$. We want to estimate $|f(z)|$. We can assume that $z \in \sigma_{N}$ by [Tem10, Lemma 2.1] since $N$ is square-free and newforms are eigenvectors of $A_{0}(N)$ with eigenvalues $\pm 1$. We can also assume that $f$ belongs to the orthonormal basis $\beta_{N}$. Let $\Lambda:=\{p$ prime , $p \nmid N, L \leqslant p \leqslant 2 L\}$ for some integer $L$. Iwaniec's classical amplifier is defined by

$$
x_{\ell}:= \begin{cases}-\lambda_{f}(\ell) & \text { if } \ell \in \Lambda, \\ 1 & \text { if } \ell \in \Lambda^{2} \\ 0 & \text { otherwise }\end{cases}
$$

This amplifier satisfies

$$
\begin{equation*}
\left|\sum_{\ell \geqslant 1} x_{\ell} \lambda_{f}(\ell)\right| \gg_{\varepsilon} L^{1-\varepsilon} \tag{6.1}
\end{equation*}
$$

since $\lambda_{f}(p)^{2}-\lambda_{f}\left(p^{2}\right)=1$ for all prime $p \nmid N$.
Remark 6.1-Note that N. Templier in [Tem10, Section 3.4] uses Venkatesh's variation (see [Ven10]) of Iwaniec's amplifier since he only gets a bound for the twisted second moment on average over $\ell$. This enables him to remove the assumption $f$ non-exceptional, which occurs in [BH10]. In our case, we can use Iwaniec's clasical amplifier and appeal to Rankin-Selberg theory to bound on average the Hecke eigenvalues.

Let $\eta, H, Q$ be some parameters, which satisfy all the constraints given in Proposition 5.1 for all $\ell \leqslant(2 L)^{4}$.

Let us assume first that $z \in \sigma_{N} \backslash \cup_{\delta \in A_{0}(N)} \delta . \sigma_{\eta N}$. We successively have

$$
\begin{aligned}
|f(z)|^{2} & \ll \frac{1}{L^{2-2 \varepsilon}}\left|\sum_{\ell \geqslant 1} x_{\ell} \lambda_{f}(\ell)\right|^{2} h\left(r_{f}\right)|f(z)|^{2} \\
& \leqslant \frac{1}{L^{2-2 \varepsilon}}\left\{\sum_{j \geqslant 0}\left|\sum_{\ell \geqslant 1} x_{\ell} \lambda_{j}(\ell)\right|^{2} h\left(r_{j}\right)\left|f_{j}(z)\right|^{2}+\mathrm{cont}\right\} \\
& =\frac{1}{L^{2-2 \varepsilon}}\left\{\sum_{j \geqslant 0} \sum_{\ell_{1}, \ell_{2} \geqslant 1} x_{\ell_{1}} x_{\ell_{2}} \lambda_{j}\left(\ell_{1}\right) \lambda_{j}\left(\ell_{2}\right) h\left(r_{j}\right)\left|f_{j}(z)\right|^{2}+\mathrm{cont}\right\} \\
& =\frac{1}{L^{2-2 \varepsilon}}\left\{\sum_{j \geqslant 0} \sum_{\ell_{1}, \ell_{2} \geqslant 1} x_{\ell_{1}} x_{\ell_{2}}\left[\sum_{d \mid\left(\ell_{1}, \ell_{2}\right)} \lambda_{j}\left(\frac{\ell_{1} \ell_{2}}{d^{2}}\right)\right] h\left(r_{j}\right)\left|f_{j}(z)\right|^{2}+\mathrm{cont}\right\} \\
& \leqslant \frac{1}{L^{2-2 \varepsilon}} \sum_{\ell_{1}, \ell_{2} \geqslant 1}\left|x_{\ell_{1}}\right|\left|x_{\ell_{2}}\right| \sum_{d \mid\left(\ell_{1}, \ell_{2}\right)}\left|M_{2}\left(\frac{\ell_{1} \ell_{2}}{d^{2}}\right)\right| \\
& \ll \varepsilon \frac{1}{L^{2-2 \varepsilon}} L^{\varepsilon}| | x \|_{2}^{2} \\
& \ll \varepsilon \frac{L^{3 \varepsilon}}{L}
\end{aligned}
$$

according to the fact that $h\left(r_{f}\right) \gg 1$, (6.1), the positivity of $h$, the multiplicative properties of Hecke eigenvalues, Proposition 5.1 and by Rankin-Selberg theory.

If $z$ belongs to $\cup_{\delta \in A_{0}(N)} \delta . \sigma_{\eta N}$ then

$$
|f(z)|^{2} \ll_{\varepsilon} N^{\varepsilon} \eta
$$

by [Tem10, Lemma 3.1].
Finally, the following choice for the parameters

$$
(H, Q, L, \eta)=\left(N^{5 / 9}, N^{2 / 5-\varepsilon / 2}, N^{1 / 10-\varepsilon / 2}, N^{-1 / 10}\right)
$$

is both optimal (up to a factor of $N^{O(\varepsilon)}$ ) and admissible (for $\varepsilon$ smaller than an absolute positive constant and $N$ larger than an absolute constant.) This choice of parameters gives us

$$
|f(z)| \ll{ }_{\varepsilon} N^{-1 / 20+O(\varepsilon)}
$$

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